

# *Hartsdale Fire District*

## **Summer 2007**

### **Newsletter**

#### *35th Annual Baby Sitters Course*

**We are proud to announce the 35<sup>th</sup> anniversary of our *Baby Sitters Course*. The Hartsdale Fire District is again offering the annual *Baby Sitters Course* to anyone twelve years of age or older who has not taken this course before.**

This valuable course is offered every year as a service to our residents and neighbors. It provides good basic training for our students to be qualified babysitters.

As a babysitter, you are responsible for the care and safety of our youth. Regardless of your age, you are performing a valuable and needed service for which you can be justly proud. We want you and the children for whom you are caring to feel secure while you are babysitting.

**The course will be given at the Hartsdale Fire Station No. 1 at 25 South Central Avenue, Hartsdale, N.Y on Tuesday and Thursday evenings from Sept. 11 to Oct. 2, 2007** (students observing Rosh Hashanah on 9/13 will be able to make up that night).

The instructors for the *Baby Sitters Course* include a Doctor of Emergency Pediatrics, a Neo-Natal Nurse, a Police Department Public Safety Officer, a Director of a local preschool center, a Paramedic, and Fire Department Training Instructors. Classroom lecture is combined with instructor demonstrations and videotapes. Students also participate in hands-on classes such as First Aid, Rescue Breathing, Infant Care, Fire Extinguishers, and much more. All students receive a *Baby Sitter Course* handbook and supplemental literature.

**Early registration is necessary.** The class is limited to 35 students with Hartsdale residents receiving priority. Those accepted into the class are notified by mail. For more information, please contact the Hartsdale Fire District at 949-2325 or stop in at Station No.2 at 300 West Hartsdale Ave., Hartsdale.

At the completion of this course, a listing of *Baby Sitter Course* Graduates, who grant us permission to use their name, will be made available to the public by the Hartsdale Fire District. This is done as a public service to those who are seeking the services of qualified, responsible baby sitters.

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#### **REGISTRATION FORM - HARTSDALE BABY SITTEES COURSE 2007**

This registration form is to be completed and returned to:

**HARTSDALE FIRE DISTRICT  
300 WEST HARTSDALE AVENUE  
HARTSDALE, NY 10530  
914-949-2325**

Parent or Guardian's signature is required if applicant is under 18 years of age.

Name of Student \_\_\_\_\_ Age \_\_\_\_\_

(PLEASE PRINT CLEARLY)

School/Occupation \_\_\_\_\_ Grade \_\_\_\_\_

Home Address \_\_\_\_\_ Tel. No. \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Parent's Signature \_\_\_\_\_

**Fire Prevention Week**

**October 7-13, 2007**

**TEACH SOMEONE YOU LOVE FIRE PREVENTION**



- Pull together everyone in your household and make a plan. Walk through your home and inspect all possible exits and escape routes. Households with children should draw a floor plan of your home, marking two ways out of each room, including windows and doors.

- Install smoke alarms in every sleeping room, outside each sleeping area and on every level.

- Choose an outside meeting place (i.e. neighbor's house, a light post, mailbox, or stop sign) a safe distance in front of your home where everyone can meet after they've escaped. Make sure to mark the location of the meeting place on your escape plan.

- If there are infants, **older adults**, or family members with mobility limitations, make sure that someone is assigned to assist them in the fire drill and in the event of an emergency.



- Be fully prepared for a real fire: when a smoke alarm sounds, get out immediately. Residents of **high-rise and apartment buildings** may be safer "defending in place."

- Once you're out, stay out! Under no circumstances should you ever go back into a burning building. If someone is missing, inform the fire department dispatcher when you call.

- Practice your home fire escape plan twice a year, making the drill as realistic as possible.

- If your home has two floors, every family member (including children) must be able to escape from the second floor rooms. Escape ladders can be placed in or near windows to provide an additional escape route.

- Always choose the escape route that is safest – the one with the least amount of smoke and heat – but be prepared to escape under toxic smoke if necessary. When you do your fire drill, everyone in the family should practice getting low and going under the smoke to your exit.

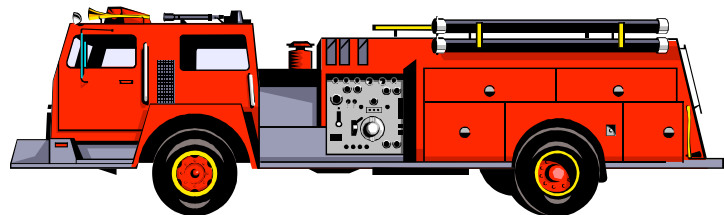
- Closing doors on your way out slows the spread of fire, giving you more time to safely escape.

- In some cases, smoke or fire may prevent you from exiting your home or apartment building. To prepare for an emergency like this, practice "sealing yourself in for safety" as part of your home fire escape plan. Close all doors between you and the fire. Use duct tape or towels to seal the door cracks and cover air vents to keep smoke from coming in. If possible, open your windows at the top and bottom so fresh air can get in. Call the fire department to report your exact location. Wave a flashlight or light-colored cloth at the window to let the fire department know where you are located.

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## Open House At Fire Headquarters

The Hartsdale Fire District will hold an Open House on Sunday, October 7, 2007 from 10:00 AM to 3:00 PM at the Hartsdale Fire Station No. 2, located at 300 West Hartsdale Avenue, Hartsdale.



Fire safety literature will be available and fire department personnel will be available to answer any questions you may have regarding fire safety in your home. Please stop by with your family and friends. Our fire trucks will also be available for viewing. Hope to see you there!

## Hydrant Testing

The Hartsdale Fire District will be conducting the annual flow testing of the district's fire hydrants beginning September 10, 2007. The testing may discolor your water for a brief period, but the water is still



potable. If you find your water has become discolored from our testing, let the cold water run slowly until it clears. Local radio station WFAS, as a public service, will broadcast a reminder on

the days of the hydrant testing including the areas being affected. The testing period will be from 10:00 A.M. to 1:00 P.M. Monday-Friday and will last approximately two weeks.



During Fire Prevention Week 2007, NFFPA is asking kids and families all across the United

States to practice their home fire escape plans. Just how big will the Great American Fire Drill be? With your help, we're hoping to have the world's biggest fire drill. So let's get started! Pick a date – anytime in October, Make your plan, Practice your escape drill.

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To report a fire or emergency call  
**949-2324 or 911**

For all other business, please call  
**949-2325**

**TEACH SOMEONE YOU LOVE FIRE PREVENTION**