

# *Hartsdale Fire District*

## Summer 2006

### Newsletter

#### *34th Annual Baby Sitters Course*

We are proud to announce the 34<sup>th</sup> anniversary of our *Baby Sitters Course*. The Hartsdale Fire District is again offering the annual *Baby Sitters Course* to anyone twelve years of age or older who has not taken this course before.

This valuable course is offered every year as a service to our residents and neighbors. It provides good basic training for our students to be qualified babysitters.

As a babysitter, you are responsible for the care and safety of our youth. Regardless of your age, you are performing a valuable and needed service for which you can be justly proud. We want you and the children for whom you are caring to feel secure while you are babysitting.

**The course will be given at the Hartsdale Fire Station No. 1 at 25 South Central Avenue, Hartsdale, N.Y., from 7:00 PM to 9:00 PM on Tuesday and Thursday evenings for four weeks starting on:**

**Tuesday September 12, 2006.**

The instructors for the *Baby Sitters Course* include a Doctor of Emergency Pediatrics, a Neo-Natal Nurse, a Police Department Public Safety Officer, a Director of a local preschool center, a Paramedic, and Fire Department Training Instructors. Classroom lecture is combined with instructor demonstrations and videotapes. Students also participate in hands-on classes such as First Aid, Rescue Breathing, Infant Care, Fire Extinguishers, and much more. All students receive a *Baby Sitter Course* handbook and supplemental literature.

**Early registration is necessary.** The class is limited to 35 students with Hartsdale residents receiving priority. Those accepted into the class are notified by mail. For more information, please contact the Hartsdale Fire District at 949-2325 or stop in at Station No.2 at 300 West Hartsdale Ave., Hartsdale.

At the completion of this course, a listing of *Baby Sitter Course* Graduates, who grant us permission to use their name, will be made available to the public by the Hartsdale Fire District. This is done as a public service to those who are seeking the services of qualified, responsible baby sitters.

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#### **REGISTRATION FORM - HARTSDALE BABY SITTERS COURSE 2006**

This registration form is to be completed and returned to:

**HARTSDALE FIRE DISTRICT  
300 WEST HARTSDALE AVENUE  
HARTSDALE, NY 10530  
914-949-2325**

Parent or Guardian's signature is required if applicant is under 18 years of age.

Name of Student \_\_\_\_\_ Age \_\_\_\_\_  
(PLEASE PRINT CLEARLY)

School/Occupation \_\_\_\_\_ Grade \_\_\_\_\_

Home Address \_\_\_\_\_ Tel. No. \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Parent's Signature \_\_\_\_\_

**Fire Prevention Week  
October 8-14, 2006**

**TEACH SOMEONE YOU LOVE FIRE PREVENTION**

## “Prevent Cooking Fires – Watch What You Heat!”

More fires start in the kitchen than in any other part of the home. Like any home fire, cooking fires spread quickly, leaving you just minutes to escape safely. Follow these tips for safer cooking:

### Stand by your pan!

- Most fires in the kitchen occur because cooking is left unattended. Stay in the kitchen when you are frying, grilling, broiling or boiling food.
- If you must leave the kitchen for even a short period of time, turn off the stove.
- If you are simmering, baking or roasting food, check it regularly, remain in the home while cooking, and use a timer to remind you that the stove or oven is on.

### No kids allowed!

- Keep kids away from cooking areas by enforcing a "kid-free zone" of 3 feet (1 meter) around the stove.
- If you have young children, use the stove's back burners whenever possible, and turn pot handles inward to reduce the risk that pots with hot contents will be knocked over.
- Never hold a small child while cooking.

### Keep it clean!

- Keep anything that can catch fire—pot holders, oven mitts, wooden utensils, paper or plastic bags, food packaging, towels or curtains—away from your stove top.
- Clean up any spilled food and grease.
- Avoid wearing loose clothing or dangling sleeves while cooking. Loose clothing can catch fire if it comes in contact with a gas flame or electric burner.

### Kitchen fires 101

**While the following tips can help you put out a small kitchen fire, never forget how dangerous fire can be. If you are unable to put out the fire, get out of the home and call the fire department. When in doubt, get out!**

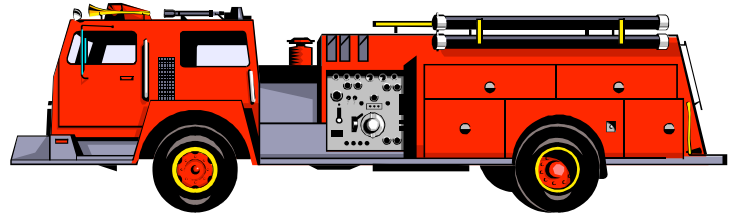
- Always keep an oven mitt and a lid nearby when you're cooking. If a small grease fire starts in a pan, smother the flames by carefully sliding the lid over the pan (make sure you are wearing the oven mitt). Turn off the burner. To keep the fire from restarting, don't remove the lid until the pan is completely cool.
- In case of an oven fire, turn off the heat and keep the door closed to prevent flames from burning you or your clothing.
- Keep a [fire extinguisher](#) in the kitchen in case of an emergency. Make sure that you know what type of fire the extinguisher will put out and how it works before an emergency occurs.

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## Open House

## At Fire Headquarters

The Hartsdale Fire District will hold an Open House on Sunday, October 8, 2006 from 10:00 AM to 3:00 PM at the Hartsdale Fire Station No. 2, located at 300 West Hartsdale Avenue, Hartsdale.



Fire safety literature will be available and fire department personnel will be available to answer any questions you may have regarding fire safety in your home. Please stop by with your family and friends. Our fire trucks will also be available for viewing. Hope to see you there!

## Hydrant Testing

The Hartsdale Fire District will be conducting the annual flow testing of the district's fire hydrants beginning September 12, 2006. The testing may discolor your water for a brief period, but the water is still potable. If you find your water has become discolored from our testing, let the cold water run slowly until it clears. Local radio station WFAS, as a public service, will broadcast a reminder on the days of the hydrant testing including the areas being affected. The testing period will be from 10:00 A.M. to 1:00 P.M. Monday-Friday and will last approximately two weeks.



## Did You Know?

Cigarettes are the leading cause of fatal fires in the United States. Smoking materials lead to one out of four fire deaths, more than any other cause of fire.

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**To report a fire or emergency call  
949-2324 or 911  
For all other business, please call  
949-2325**

**TEACH SOMEONE YOU LOVE FIRE PREVENTION**