

Hartsdale Fire District

Summer 2009

Newsletter

37th Annual Baby Sitters Course

We are proud to announce the 37th anniversary of our *Baby Sitters Course*. The Hartsdale Fire District is again offering the annual *Baby Sitters Course* to anyone twelve years of age or older who has not taken this course before.

This valuable course is offered every year as a service to our residents and neighbors. It provides good basic training for our students to be qualified babysitters.

As a babysitter, you are responsible for the care and safety of our youth. Regardless of your age, you are performing a valuable and needed service for which you can be justly proud. We want you and the children for whom you are caring to feel secure while you are babysitting.

The course will be given at the Hartsdale Fire Station No. 2 at 300 West Hartsdale Avenue, Hartsdale, N.Y 7:00 to 9:00 PM on Tuesday and Thursday evenings from Sept. 15 to Oct. 6, 2009

The instructors for the *Baby Sitters Course* include a Doctor of Emergency Pediatrics, a Neo-Natal Nurse, a Police Department Public Safety Officer, a Director of a local preschool center, a Paramedic, and Fire Department Training Instructors. Classroom lecture is combined with instructor demonstrations and videotapes. Students also participate in hands-on classes such as First Aid, Rescue Breathing, Infant Care, Fire Extinguishers, and much more. All students receive a *Baby Sitter Course* handbook and supplemental literature.

Early registration is necessary. The class is limited to 35 students with Hartsdale residents receiving priority. Those accepted into the class are notified by mail. For more information, please contact the Hartsdale Fire District at 949-2325 or stop in at Station No.2 at 300 West Hartsdale Ave., Hartsdale.

At the completion of this course, a listing of *Baby Sitter Course* Graduates, who grant us permission to use their name, will be made available to the public by the Hartsdale Fire District. This is done as a public service to those who are seeking the services of qualified, responsible baby sitters.

REGISTRATION FORM - HARTSDALE BABY SITTERS COURSE 2009

This registration form is to be completed and returned to:

**HARTSDALE FIRE DISTRICT
300 WEST HARTSDALE AVENUE
HARTSDALE, NY 10530
914-949-2325**

Parent or Guardian's signature is required if applicant is under 18 years of age.

Name of Student _____ Age _____

(PLEASE PRINT CLEARLY)

School/Occupation _____ Grade _____

Home Address _____ Tel. No. _____

City _____ State _____ Zip _____

Parent's Signature _____

Fire Prevention Week October 4-10, 2009

TEACH SOMEONE YOU LOVE FIRE PREVENTION



Fire Prevention Week 2009 focuses on ways to keep homes fire safe and prevent painful burns. Follow these simple safety rules to “Stay Fire Smart!”

Don't Get Burned

- Keep hot foods and liquids away from tables and counter edges so they cannot be pulled or knocked over.
- Have a 3-foot “kid-free” zone around the stove.
- Never hold a child in your arms while preparing hot food or drinking a hot beverage.
- Teach children that hot things hurt.
- Be careful when using things that get hot such as curling irons, oven, irons, lamps, heaters.
- When using heating pads only use for 15-20 minutes at a time and don't lie, sit or place anything on the pad.

Just Right?

- To avoid scalds, set the thermostat setting in your water heater to no higher than 120 degrees F.
- Remember young children and older adults skin burns more easily.
- Consider having “anti-scald” devices on tub faucets and shower heads to prevent scalds.
- Test the water before placing a child or yourself in the tub.
- Never leave young children alone in the tub, shower or near a sink.
- Be careful about scalding water. The water should feel warm, not hot. Before you put your child in the tub, test the temperature with your wrist, elbow, or the back of your hand. Don't rely on a tub with a temperature indicator, such as a drain plug that changes color to indicate too hot, too cold, and just right. If you're using a thermometer with a read-out, infant bath water should be no more than 100 degrees. Even when using a thermometer use your wrist, elbow, or the back of your hand as your main guide.



Open House

TEACH SOMEONE YOU LOVE FIRE PREVENTION

At

Fire Headquarters

The Hartsdale Fire District will hold an Open House on Sunday, October 4, 2009 from 10:00 AM to 3:00 PM at the Hartsdale Fire Station No. 2, located at 300 West Hartsdale Avenue, Hartsdale.



Fire safety literature will be available and fire department personnel will be available to answer any questions you may have regarding fire safety in your home. Please stop by with your family and friends. Our fire trucks will also be available for viewing. Hope to see you there!

Hydrant Testing

The Hartsdale Fire District will be conducting the annual flow testing of the district's fire hydrants beginning September 14, 2009. The testing may discolor your water for a brief period, but the water is still potable. If you find your water has become discolored from our testing, let the cold water run slowly until it clears. Local radio station WFAS, as a public service, will broadcast a reminder on the days of the hydrant testing including the areas being affected. The testing period will be from 10:00 A.M. to 1:00 P.M. Monday-Friday and will last approximately two weeks.



To report a fire or emergency call 949-2324 or 911
For all other business, please call 949-2324

TEACH SOMEONE YOU LOVE FIRE PREVENTION